

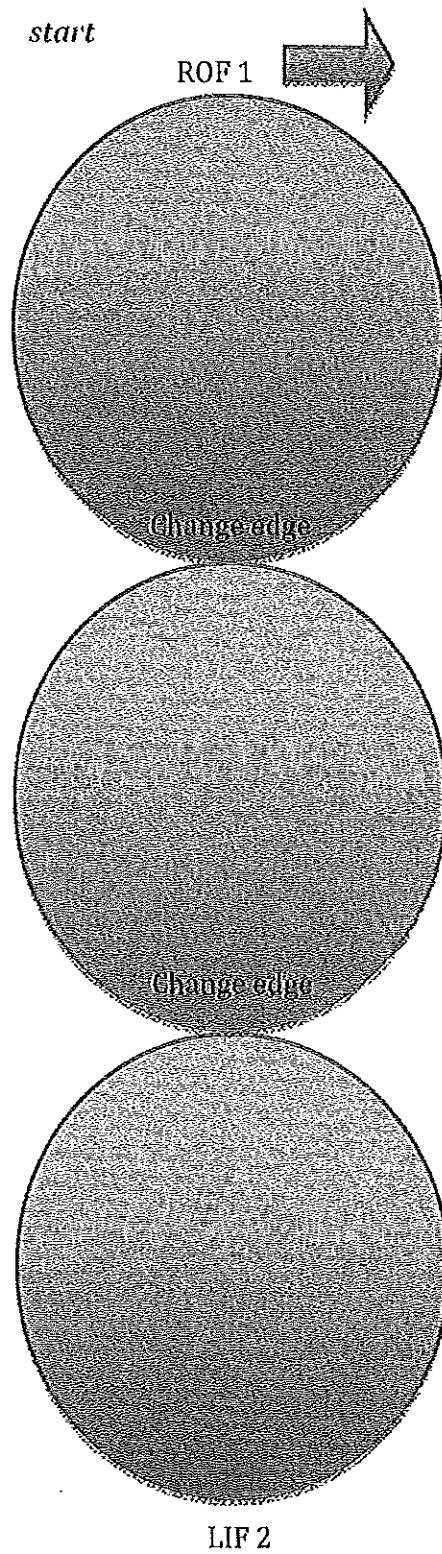
**105 a**

**ROF-LIF Change Serpentine**

This figure will start at the top of one of the set of 3 circles and be a serpentine that shows the skaters ability to do transitions and take-offs. Four total take-offs and eight change of edges.

**Take-Offs:**

- ROF 1
- LIF 2
- ROF 3
- LIF 4



**105 b**

**LOF-RIF Change Serpentine**

This figure will start at the top of one of the set of 3 circles and be a serpentine that shows the skater's ability to do transitions and take-offs.

Four total take-offs and eight change of edges.

Take-Offs:

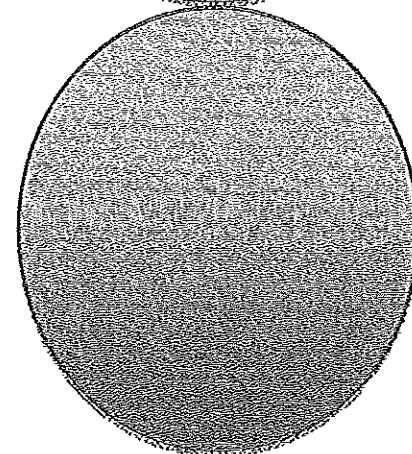
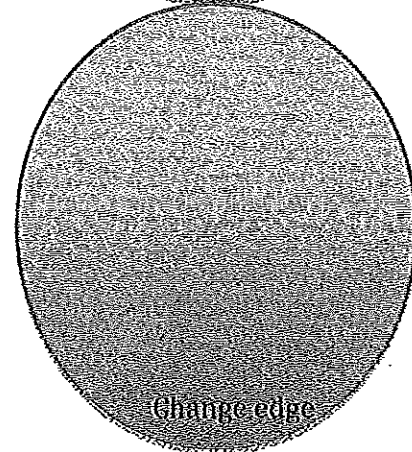
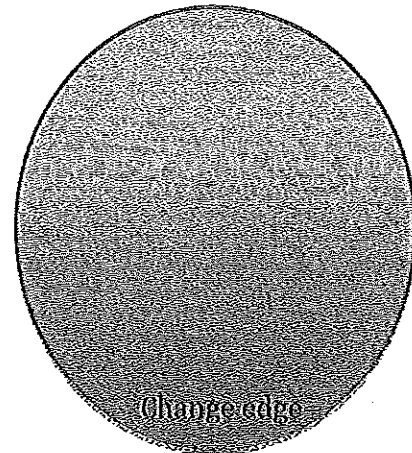
LOF 1

RIF 2

LOF 3

RIF 4

*start*      LOF 1



RIF 2