

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

Circle Figure Requirements

#1 Bronze Circle Figure Cost: \$7.00

Minimum Grade: 35 Passing Grade 100
 111A ROF-LOF Serpentine Eight
 111B LOF-ROF Serpentine Eight

#2 Bronze Circle Figure Cost: \$7.00

Minimum Grade: 35 Passing Grade 100
 112A RIF-LIF Serpentine Eight
 112B LIF-RIF Serpentine Eight

#3 Bronze Circle Figure Cost: \$8.00

Minimum Grade: 40 Passing Grade 200
 1 ROF-LOF Eight
 1B LOIF-ROIF Change Eight
 2 RIF-LIF Eight
 2B LIOF-RIOF Change Eight

#4 Bronze Circle Figure Cost: \$8.00

Minimum Grade: 40 Passing Grade 165
 5A ROIF-LIOF Serpentine
 5B LOIF-RIOF Serpentine
 105A ROF-LIF Dbl Chg Serpentine
 113B LOB-ROB Serpentine Eight
** Use 105 for Adult / Use 113 for Youth*

#5 Bronze Circle Figure Cost \$9.00

Minimum Grade: 40 Passing Grade 165
 7A ROF-LOF Three (may do "B" ft)
 9A RIF-LOB Three
 9B LIF-ROB Three

#6 Silver Circle Figure Cost \$10.00

Minimum Grade: 45 Passing Grade 240
 3A ROB-LOB Circle Eight
 8A ROF-LIB Three
 8B LOF-RIB Three
 11A RIF-LIF Dbl Three

#7 Silver Circle Figure Cost \$11.00

Minimum Grade: 45 Passing Grade 240
 3B LOB-ROB Circle Eight
 10A ROF-LOF Double Three
 26A ROIF-LOIB Serpentine Three
 26B LOIF-ROIB Serpentine Three

#8 Silver Circle Figure Cost: \$12.00

Minimum Grade: 50 Passing Grade: 390
 4 RIB-LIB Circle Eight
 12A ROB-LOB Dbl Three or use B takeoff
 19A RIF-LOB Bracket
 19B LIF-ROB Bracket
 22A ROF-LOB Counter
 22B LOF-ROB Counter

#9 Silver Circle Figure Cost: \$13.00

Minimum Grade: 50 Passing Grade: 455
 13A RIB-LIB Double Three
 23A RIF-LIB Counter
 23B LIF-RIB Counter
 28A ROIF-LIOF Double Three
 28B LOIF-RIOF Double Three
 32A ROIF-LOIB Serpentine Bracket
 32B LOIF-ROIB Serpentine Bracket

#10 Gold Circle Figure Cost: \$14.00

Minimum Grade 60 Passing Grade 450
 18A ROF-LIB Bracket
 18B LOF-RIB Bracket
 21A RIF-LIB Rocker
 21B LIF-RIB Rocker
 29A ROIB-LIOB Serpentine Dbl Three
 29B LOIB-RIOB Serpentine Dbl Three

#11 Gold Circle Figure Cost: \$15.00

Minimum Grade 60 Passing Grade 450
 33A RIOF-LIOB Serpentine Bracket
 33B LIOF-RIOB Serpentine Bracket
 36A ROF-LIF Paragraph Dbl Three
 36B LOF-RIF Paragraph Dbl Three
 40A ROF-LIF Paragraph Bracket
 40B LOF-RIF Paragraph Bracket

#12 Gold Medal Circle Figure Cost \$22.00

Minimum Grade 60 Passing Grade 600
 20A ROF-LOB Rocker
 20B LOF-ROB Rocker
 23A RIF-LIB Counter
 23B LIF-RIB Counter
 37A ROB-LIB Paragraph Dbl Three
 37B LOB-RIB Paragraph Dbl Three
 41A ROB-LIB Paragraph Bracket
 41B LOB-RIB Paragraph Bracket

These changes reflect the competitive progression from Level C (beginner) to World Class by eliminating some of the figures used in the Domestic Junior Event (now defunct) and some of the new Adult figures (105).

The Gold Medal test is balanced to show a variety of turns that allow a candidate to showcase their figure skating ability by utilizing a rocker, bracket, counter and three turn figure.

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

Loop Figure Requirements

#1 Bronze Loop Figure Cost \$7.00

Minimum Grade: 35 Passing Grade: 150
114A ROF-LOF Circle Eight Loop Tracing
115B LIF-RIF Circle Eight Loop Tracing
130A ROIF-LIOF Serpentine Loop Tracing

#2 Bronze Loop Figure Cost \$7.00

Minimum Grade: 35 Passing Grade: 150
114B LOF-RIF Circle Eight Loop Tracing
115A RIF-LIF Circle Eight Loop Tracing
130B LOIF-RIOF Serpentine Loop Tracing

#3 Bronze Loop Figure Cost \$8.00

Minimum Grade: 40 Passing Grade: 220
14A ROF-LOF Circle Eight Loop
116A ROB-LOB Circle Eight Loop Tracing
117B LIB-RIB Circle Eight Loop Tracing
131A ROIB-LIOB Serpentine Loop Tracing

#4 Silver Loop Figure Cost \$9.00

Minimum Grade: 45 Passing Grade: 240
15A RIF-LIF Circle Eight Loop
131B LOIB-RIOB Serpentine Loop Tracing
138A ROF-LIF Paragraph Loop Tracing
138B LOF-RIF Paragraph Loop Tracing

#5 Silver Loop Figure Cost \$11.00

Minimum Grade: 45 Passing Grade: 240
16A ROB-LOB Circle Eight Loop
30A ROIF-LIOF Serpentine Loop
139A ROB-LIB Paragraph Loop Tracing
139B LOB-RIB Paragraph Loop Tracing

#6 Silver Loop Figure Cost \$13.00

Minimum Grade: 55 Passing Grade: 195
16B LOB-ROB Loop
17A RIB-LIB Loop
30B LOIF-RIOF Serpentine Loop

#7 Gold Loop Figure Cost \$15.00

Minimum Grade: 55 Passing Grade: 210
31A ROIB-LIOB Serpentine Loop
31B LOIB-RIOB Serpentine Loop
38A ROF-LIF Paragraph Loop

#8 Gold Medal Loop Figure Cost \$22.00

Minimum Grade: 60 Passing Grade: 225
38B LOF-RIF Paragraph Loop
39A ROB-LIB Paragraph Loop
39B LOB-RIB Paragraph Loop

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

American Solo & Team Dance

#1 Bronze Solo & Team Cost \$7.00
Minimum Grade: 35 Passing Grade: 100
 Glide Waltz 108 Waltz
 Progressive Tango 100 Tango

#2 Bronze Solo & Team Cost: \$7.00
Minimum Grade: 35 Passing Grade: 100
 City Blues 88 Blues
 Balanciaga 100 Schottische

#3 Bronze Solo & Team Cost: \$8.00
Minimum Grade: 40 Passing Grade: 165
 Skaters March 100 March
 Academy Blues 88 Blues
 Dutch Waltz 120 Waltz

#4 Bronze Solo & Team Cost: \$8.00
Minimum Grade: 40 Passing Grade: 165
 Denver Shuffle 100 Polka
 Rhythm Blues 88 Blues
 Double Cross Waltz 138 Waltz

#5 Bronze Solo & Team Cost: \$8.00
Minimum Grade: 40 Passing Grade: 220
 Far Away Waltz 108 Waltz
 Carey Foxtrot 92 Foxtrot
 Tara Tango 100 Tango
 Criss-Cross March 100 March

#6 Bronze Solo & Team Cost: \$9.00
Minimum Grade: 45 Passing Grade: 240
 Casino Tango 100 Tango
 La Vista Cha Cha 100 Cha Cha
 Luna Blues 88 Blues
 Pilgrim Waltz 138 Waltz

#7 Bronze Solo & Team Cost: \$9.00
Minimum Grade: 45 Passing Grade: 240
 Bounce Boogie or
 Quickstep Boogie 100 Boogie
 Dore Foxtrot 92 Foxtrot
 Memorial Waltz 108 Waltz
 Parade March 100 March

#8 Silver Solo & Team Dance Cost: \$10.00
Minimum Grade: 45 Passing Grade: 240
 Marionette Waltz 138 Waltz
 Siesta Tango 100 Tango
 Southland Swing 88 Blues
 JoAnn Foxtrot 92 Foxtrot

#9 Silver Solo & Team Dance Cost: \$11.00
Minimum Grade: 45 Passing Grade: 240
 Chase Waltz 108 Waltz
 Delicado 100 Schottische
 Border Blues 88 Blues
 Casino March 100 March

#10 Silver Solo & Team Dance Cost: \$12.00
Minimum Grade: 50 Passing Grade: 260
 Syncopated Swing 96 Foxtrot
 Princeton Polka 100 Polka
 California Swing 138 Waltz
 Fiesta Tango 100 Tango

#11 Silver Solo & Team Cost: \$12.00
Minimum Grade: 50 Passing Grade: 260
 Association Waltz 120 Waltz
 Werner Tango 96 Tango
 Fascination Foxtrot 92 Foxtrot
 Do'Blay 100 PasoDoble

#12 Silver Solo & Team Cost: \$13.00
Minimum Grade: 55 Passing Grade: 280
 Keats Foxtrot 92 Foxtrot
 Flirtation Waltz 108 Waltz
 14 Step 100 March
 Viva Cha Cha 100 Cha Cha

#13 Silver Solo & Team Cost: \$14.00
Minimum Grade: 55 Passing Grade: 280
 Rocker Foxtrot 92 Foxtrot
 American Waltz 168 Waltz
 Harris Tango 100 Tango
 Willow Waltz 138 Waltz

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

American Solo & Team Dance

GOLD LEVEL TESTS:

#14 Gold SOLO Dance <i>Minimum Grade: 55</i> Dench Blues Paso Doble Continental Waltz Iceland Tango Pacifica Foxtrot Carroll Swing	Cost: \$16.00 <i>Passing Grade: 420</i> 88 Blues 100 Paso Doble 168 Waltz 100 Tango 100 Foxtrot 100 Boogie	#14 Gold TEAM Dance <i>Minimum Grade: 55</i> Dench Blues Iceland or Harris Tango Paso Doble Continental Waltz Pacifica Foxtrot Carroll Swing	Cost: \$16.00 <i>Passing Grade: 420</i> 88 Blues 100 Tango 100 Paso Doble 168 Waltz 100 Foxtrot 100 Boogie
#15 Gold Medal Solo & Team Dance <i>Minimum Grade: 60</i> Viennese Waltz Silhouette Foxtrot Argentine Tango Kilian Westminster Waltz Carroll Tango Quickstep		Cost \$22.00 <i>Passing Grade: 525</i> 138 Waltz 100 Foxtrot 96 Tango 100 March 2/4 138 Waltz 100 Tango 100 March 6/8	

Each skater will skate their own part (female skater skates the female steps of each dance and the male skates the male steps of each dance). A skater has the option for solo dance tests to skate the part of the dance as specified for USA-RS Domestic and CIPA competition.

Revised 11/2/12

Effective 2-1-13

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

International Solo & Term Dance

1 Bronze International Solo & Team Dance

Cost \$ 7.00

Minimum Grade: 35 Passing Grade: 100
Straight Waltz 108 Waltz
Country Polka 100 Polka

2 Bronze International Solo & Team Dance

Cost \$ 7.00

Minimum Grade: 35 Passing Grade: 100
Canasta Tango 96 Tango
Rhythm Blues 88 Blues

3 Bronze International Solo & Team Dance

Cost \$ 8.00

Minimum Grade: 40 Passing Grade: 110
Carlos Tango 96 Tango
Dutch Waltz 120 Waltz (138JRWC)

4 Bronze International Solo & Team Dance

Cost \$ 8.00

Minimum Grade: 40 Passing Grade: 110
12 Step 100 March
120 Waltz 120 Waltz

5 Bronze International Solo & Team Dance

Cost \$ 9.00

Minimum Grade: 45 Passing Grade: 120
Werner Tango 96 Tango
Collegiate 92 Foxtrot

6 Bronze International Solo & Team Dance

Cost \$ 10.00

Minimum Grade: 45 Passing Grade: 120
Swing Dance 96 Foxtrot
Style "B" Waltz 108 Waltz

7 Silver International Solo & Team Dance

Cost \$ 11.00

Minimum Grade: 50 Passing Grade: 195
Fiesta Tango 100 Tango
14 Step 104 March (108 JRWC)
Ten Fox 100 Foxtrot

8 Silver International Solo & Team Dance

Cost \$ 12.00

Minimum Grade: 50 Passing Grade: 195
Flirtation Waltz 108 Waltz (120 JRWC)
Rotation Foxtrot 92 Foxtrot
Karen Lee Tango 100 Tango

9 Silver International Solo & Team Dance

Cost \$ 13.00

Minimum Grade: 50 Passing Grade: 195
Willow Waltz 138 Waltz
Keats Foxtrot 92 Foxtrot (96 JRWC)
Dench Blues 88 Blues

10 Gold International Solo & Team Dance

Cost \$ 14.00

Minimum Grade: 55 Passing Grade: 210
Harris Tango 100 Tango
European Waltz 120 Waltz
Rocker Foxtrot 104 Foxtrot

11 Gold International Solo & Team Dance

Cost \$ 15.00

Minimum Grade: 60 Passing Grade: 300
American Waltz 168 Waltz
Iceland Tango 100 Tango
Kilian 108 March
Imperial Tango 104 Tango

12 Gold Medal International Solo & Team Dance

Cost \$ 22.00

Minimum Grade: 60 Passing Grade: 525
Viennese Waltz 138 Waltz
Argentine Tango 96 Tango
Paso Doble 112 Paso Doble
Westminster Waltz 138 Waltz
Quickstep 112 Two-step Schottische
Italian Foxtrot 96 Foxtrot
Starlight Waltz 168 Waltz

Each skater will skate their own part (female skater skates the female steps of each dance and the male skates the male steps of each dance). A skater has the option for solo dance tests to skate the part of the dance as specified for USA-RS Domestic and CIPA competition.

Revised 12-01-08
Reviewed and Judges Notation added 11-2-12

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

Quad Freestyle Requirements

1 Bronze Free Style Cost \$7.00

Minimum Grade 35 Passing Grade 100
 Bunny Hop Two Foot Spin
 1/2 Mapes One Foot Spin
 Mohawk Jump
 One (1) Sequence Primary Footwork
 Straight line long axis pattern
 Maximum Time: 2 Minutes

2 Bronze Free Style Cost \$7.00

Minimum Grade 35 Passing Grade 100
 Waltz Jump Two Foot Spin
 1/2 Flip IB Upright
 Mapes IF Upright
 Bunny Hop/Waltz / Mapes combination
 One (1) Sequence Primary Backward Footwork
 Straight line long axis pattern
 One (1) Sequence Primary Forward Footwork
 Diagonal pattern
 Maximum Time: 2 Minutes

3 Bronze Free Style Cost \$8.00

Minimum Grade 40 Passing Grade 110
 Toe Walley IB Upright change IF Upright
 1/2 Lutz or Lutz OB Upright
 IB Sit Spin
 1/2 Flip / Waltz / Mapes combination
 One (1) Sequence Secondary Footwork, must use
 Mohawk and Choctaw turns; circular pattern
 Maximum time: 2 1/2 Minutes

4 Bronze Free Style Cost \$9.00

Minimum Grade 40 Passing Grade 110
 Salchow IB Sit Spin
 Loop OF Upright
 Flip OB Upright
 Toe Walley / Mapes Combination
 One (1) Sequence Advanced Footwork, must use at
 least 2 kinds of "3" turns in a Serpentine Pattern
 Maximum time: 3 Minutes

5 Silver Free Style Cost \$10.00

Minimum Grade 40 Passing Grade 110
 Euler OF Upright change OB Upright
 Lutz OB Upright
 Loop OB Camel
 1 1/2 Mapes or Mapes OB Sit Spin OR OF Sit Spin
 Salchow / Mapes / Mapes OR
 Toe Walley / Loop/ Mapes combination
 One (1) Sequence Secondary Footwork, Circular Pattern
 One (1) Sequence Advanced Footwork, must use two
 Kinds of brackets: Serpentine Pattern
 Maximum Time: 3 Minutes

6 Silver Free Style Cost \$11.00

Minimum Grade 45 Passing Grade 120
 1 1/2 Flip or Flip OF Camel
 Lutz Sit Change Sit
 Axel OR Boeckl OF Upright Jump Chg OB Upright
 OB Upright
 Loop / Euler / Flip Combination
 Waltz / Mapes / Euler / Salchow combination
 One (1) Sequence Advanced Footwork, must use Two
 (2) Rocker and two (2) Counter turns; Diagonal Pattern
 Maximum Time: 3 Minutes

Revised 11/2/12 Effective 2-1-13

7 Silver Free Style Cost \$12.00

Minimum Grade 50 Passing Grade 130
 Axel Sit Jump Change Sit
 Double Mapes OF Camel Change
 1 1/2 Lutz or Lutz OB Camel
 OB Camel / OB Sit Spin
 Lutz / Euler / Flip Combination
 Axel / Euler / Salchow combination
 One (1) Sequence Advanced Footwork no restrictions:
 Straight line long axis pattern
 Two (2) Sequences Secondary footwork; No restrictions
 Maximum Time: 3 1/2 Minutes

8 Silver Free Style Cost \$13.00

Minimum Grade 55 Passing Grade 140
 Double Toe Walley IB Camel
 Double Salchow Camel / sit / change sit
 Colledge Camel jump change sit
 Axel / Loop / Double Mapes combination
 Loop / Euler / 1 1/2 Flip combination
 Two (2) Sequences of Secondary Footwork
 Two (2) Sequences of Advanced Footwork
 Maximum Time: 3 1/2 Minutes

9 Silver Free Style Cost \$15.00

Minimum Grade 60 Passing Grade 150
 Double Lutz Camel sit change Camel
 Double Flip OF Camel / IB Camel
 Heel or Inverted Camel
 Axel / Loop / Double Mapes / Euler / Double Sachow combo
 Double Toe Walley / Loop / Double Mapes combination
 Three (3) Sequences of Advanced Footwork
 Maximum Time: 4 Minutes

10 Gold Medal Free Style Cost \$22.00

Minimum Grade 60 Passing Grade 150
Jumps: Choose Three (3)
 Double Flip Triple Mapes
 Double Lutz Triple Toe Walley
 Double Loop Triple Salchow
 Double Axel
Spins: Chose Four (4)
 Inverted Camel Heel Camel
 Broken Ankle Camel Camel / sit change Camel / Sit
 Camel Combo Change Camel (3 edges)
 Camel Jump change Camel Jump change Sit
Combinations: Choose two (2)
 Axel / Loop / Double Loop
 Double Lutz / Euler Double Flip
 Triple Toe Walley / Loop / Triple Mapes
 One (1) Sequence of Secondary Footwork
 Three (3) Sequences of Advance Footwork
 Maximum Time: 4 Minutes

JUDGES NOTATIONS

1. All 1/2 or 1 1/2 jumps may be landed flat foot or toe push.
2. Footwork should reflect the USARS definition of using arms, carriage, free legs etc.
3. Footwork may include other moves in addition to the required turns per USARS
4. Class "A" spins and footwork patterns are per CIPA guidelines.
5. Gold Medal test candidates who choose to use the hardest items, will be judged on the same standard of clean that all candidates are held to.
6. If a skater performs an item out of order, the judge will take a deduction but it does not constitute an automatic failure of the test. Omitting an item will require an automatic failure of the test. (Per RSA Achievement Test Booklet).
7. It is the coaches choice to utilize the 1/2 jump listed or use a full rotation jump in these tests. Whichever skill is chosen will be judged for control and cleanliness without prejudice.

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

INLINE FREESTYLE REQUIREMENTS

1 Bronze In-Line Freestyle

Minimum Grade: 35 Passing Grade: 100
Cost: \$ 7.00
Jumps Two (2) Spins One (1)
Two foot half turn jump Two foot spin - Two
Bunny Hop revolutions required

SKATING MOVES:

Skating side push not on toe stops,
Cross cuts forward in both directions,
Bend down and roll on feet,
Balance on one foot with knee up (on both feet),
Forward and Backward sissors,
One (1) Sequence of primary footwork
Maximum Time: 2 1/2 Minutes

2 Bronze In-Line Freestyle

Minimum Grade: 35 Passing Grade: 100
Cost: \$ 7.00
Jumps Three (3) Spins Two (2)
Mohawk Jump One Foot Spin
Waltz Jump Two foot spin change
1/2 Salchow or Salchow to one foot spin
1/2 Mapes or Mapes
Two revolutions required on each spin position, not on
toe stop

SKATING MOVES:

Forward cross overs, both directions
Backwards cross pulls, both directions
Balance spiral forward and backward on one foot and
then on the other,
Backward skating with back cuts.
Two (2) Sequences of primary footwork
Maximum Time: 2 1/2 Minutes

3 Bronze In-Line Freestyle

Minimum Grade: 40 Passing Grade: 110
Cost: \$ 8.00
Jumps Three (3) Spins Two (2)
Mapes IF Upright
1/2 Flip or Flip IB Upright
1/2 Lutz or Lutz
Two revolutions required on each spin, not on toe stop

SKATING MOVES:

Shoot the Duck,
Spread eagle,
Forward inside and outside edges,
Leg swings forward and backwards,
One (1) Sequence of primary footwork
 Cross in backs forward and backwards
One (1) Sequence of secondary footwork
Maximum Time: 3 Minutes

4 Bronze In-Line Freestyle

Minimum Grade: 40 Passing Grade: 110
Cost: \$ 9.00
Jumps Three (3) Spins Three (3)
Salchow OF Upright or Upright Layback
Loop Jump OB Upright
Toe Wally /Mapes Combination IB Sit Spin
Two revolutions required on each spin, not on toe stop

SKATING MOVES:

Backward outside and inside edges
Forward outside and inside three turns
Maximum Time: 3 Minutes

5 Silver In-Line Freestyle

Minimum Grade: 45 Passing Grade: 120
Cost: \$ 10.00
Jumps Four (4) Spins Three (3)
Euler OB Sit Spin
Flip IB Upright Chg OB Upright
Waltz /Mapes or Mapes Loop OB Camel
Waltz /Euler /Salchow Combination
Two revolutions required on each spin position, not on
toe stop

SKATING MOVES:

Backward inside and outside three turns
Forward Inside and outside spirals. Both feet
(Advanced edges)
Two (2) sequences of secondary footwork
Maximum Time: 3 Minutes

6 Silver In-Line Freestyle

Minimum Grade: 45 Passing Grade: 120
Cost: \$ 11.00
Jumps Four (4) Spins Three (3)
Lutz OF Upright Change OB Upright
Boeckl or Axel IB Sit Change OB Sit
Flip /Loop IB Camel
Waltz /Euler /Flip Combination
Two revolutions required on each spin position, not on
toe stop

SKATING MOVES:

Backward Inside and Outside Spirals. Both Feet
(Advanced Edges)
One (1) Sequence of secondary footwork
One (1) Sequence of advanced footwork
Maximum Time: 3 Minutes

RSA ACHIEVEMENT PROGRAM REQUIREMENTS

INLINE FREESTYLE REQUIREMENTS

7 Silver In-Line Freestyle

Minimum Grade: 50 Passing Grade: 130
 Cost: \$ 12.00
 Jumps Four (4) Spins Three (3)
 Double Mapes OB Camel OB Sit Combination
 Lutz OF Camel
 Lutz /Euler /Flip Combination Sit Jump Change Sit
 Axel /Euler /Flip Combination
 Two revolutions required on each spin position, not on toe stop

SKATING MOVES:

Two (2) Sequences of secondary footwork
 Two (2) Sequences of advanced footwork
 Maximum Time: 3 1/2 Minutes

8 Silver In-Line Freestyle

Minimum Grade: 55 Passing Grade: 140
 Cost: \$ 13.00
 Jumps Four (4) Spins Three (3)
 Double Toe Wally OF Camel Change OB Camel
 Double Salchow Camel Sit Change Sit
 Lutz /Euler / Flip Combination Camel Jump Change Sit
 Axel /Loop /Double Mapes Combination
 Two revolutions required on each spin position, not on toe stop

SKATING MOVES:

Two (2) Sequences of secondary footwork
 Two (2) Sequences of advanced footwork
 Maximum Time: 3 1/2 Minutes

9 Gold In-Line Freestyle

Minimum Grade: 60 Passing Grade: 150
 Cost: \$ 15.00
 Jumps Four (4) Spins Three (3)
 Double Flip Camel Sit Change Camel
 Double Axel Camel Sit Jump Change Sit
 Double Toe Wally / Loop or Camel Change Camel Sit
 Double Mapes Combination
 Axel /Loop /Dbl Mapes /Euler /Dbl Salchow Combination
 Three revolutions required on each spin position, not on toe stop

SKATING MOVES:

Three (3) Sequences of advanced footwork
 Maximum Time: 4 Minutes

10 Gold Medal In-Line Freestyle

Minimum Grade: 60 Passing Grade: 150
 Cost: \$ 22.00
Jumps Five (5)
 Double Flip
 Double Lutz
 Double Loop
 Double Axel
 Double Lutz /Euler /Double Flip Combination
 Axel /Loop /Double Loop Combination
 Triple Mapes

Spins Four (4)

Camel Combination Change Camel (3 edges)
 Camel Sit Change Camel Sit
 Inverted Camel
 Camel Jump Change Camel Jump Change Sit
 Heel Camel
 Broken Ankle Camel
 Three revolutions required on each spin position, not on toe stop

SKATING MOVES

One (1) Sequence of secondary footwork
 Three (3) Sequences of advanced footwork
 Maximum Time 4 Minutes

JUDGES NOTATIONS

1. All 1/2 or 1 1/2 jumps may be landed flat foot or toe push.
2. Footwork should reflect the USARS definition of using arms, carriage, free legs etc.
3. Footwork may include other moves in addition to the required turns per USARS
4. Class "A" spins and footwork are per CIPA guidelines.
5. Gold Medal test candidates who choose to use the hardest items, will be judged on the same standard of clean that all candidates are held to.
6. If a skater performs an item out of order, the judge will take a deduction but it does not constitute an automatic failure of the test. Omitting an item will require an automatic failure of the test. (Per RSA Achievement Test Booklet).
7. It is the coaches choice to utilize the 1/2 jump listed or use a full rotation jump in these tests. Whichever skill is chosen will be judged for control and cleanliness without prejudice.

Revised 2/15/07

Reviewed & Judges Notations added 11-2-12