



# USA ROLLER SPORTS 2018-2019 COMPETITIVE FIGURE AND DANCE REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS

**REVISED (05/02/19) – (ONLY CHANGE IS THE DRAW FOR THE WS Jr. & Sr. REGIONAL FIGURES)**



EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Regional	National	Regional	National	Regional	National	Regional	National
Primary A Boys/Girls	1	1 B	14 B	14 A	Double Cross Waltz (138)	Skaters March (100 6/8)		
Primary A Solo (Co-ed)	2 B	2	130 A	130 B	Academy Blues (88)	Balanciaga (100)		
	7 A	7 B						
Juv or Elem C Boys/Girls Figures	2B	1B	115 A	114 B	Glide Waltz (108)	Academy Blues (88)	Academy Blues (88)	Glide Waltz (108)
Juv/Elem C Solo (Co-ed) Solo Dance	111 A	112 B	130 B	130 A	Progressive Tango (100)	Skaters March (100 6/8)	Skaters March (100 6/8)	Progressive Tango (100)
Juv/Elem C Team Dance	<b>REGIONAL ONLY EVENTS - EACH REGION CAN COMBINE OR SEPARATE JUVENILE AND ELEMENTARY, BASED ON ENTRIES, USING SAME REQUIREMENTS</b>							
Juvenile B Boys/Girls	3 B	3 A	14 B	14 A	Dutch Waltz (120)	Rhythm Blues (88)		
Juv/Elem B Solo (Co-ed)	5 A	5 B	130 A	130 B	Siesta Tango (100)	Chase Waltz (108)		
	7 B	9 A						
Juvenile A Boys/Girls	9 B	3 A	14 B	14 A	Skaters March (100 6/8)	Rhythm Blues (88)	Denver Shuffle (100)	Swing Waltz (120)
Juvenile A Solo (Co-ed)	10 A	8 B	15 A	15 B	Swing Waltz (120)	Dutch Waltz (120)	Double Cross Waltz (138)	Tara Tango (100)
Juvenile Team	27 B	11 A	30 B	30 A	Southland Swing (88)	Siesta Tango (100)	Collegiate (92)	Collegiate (92)
Elementary B Boys/Girls	5 B	3 A	14 A	14 B				
	7 A	5 B	130 B	130 A				
	11 B	9 A						
Elementary A Boys/Girls	4	8 A	15 A	14 B	Carey Foxtrot (92)	Pilgrim Waltz (138)	Dutch Waltz (120)	Canasta Tango (100)
Elementary A Solo (Co-ed)	10 A	19 B	30 B	30 A	La Vista Cha Cha (100)	Bounce Boogie (100)	Bounce Boogie (100)	Rhythm Blues (88)
Elementary Team	22 B	28 A	116 A	131 B	California Swing (138)	Siesta Tango (100)	Siesta Tango (100)	Chase Waltz (108)
Fresh/Soph C Men/Women Figures	1B	2B	114 B	115 A	Swing Waltz (120)	Glide Waltz (108)	Glide Waltz (108)	Swing Waltz (120)
Fresh/Soph C (Co-ed) Solo Dance	112 B	111 A	130 A	130 B	Denver Shuffle (100)	Balanciaga (100)	Balanciaga (100)	Denver Shuffle (100)
Fresh/Soph C Team Dance	<b>REGIONAL ONLY EVENTS - EACH REGION CAN COMBINE OR SEPARATE FRESHMAN AND SOPHOMORE, BASED ON ENTRIES, USING SAME REQUIREMENTS</b>							
Fresh/Soph B Men/Women	3 B	5 A	14 B	14 A	Dore Foxtrot (92)	Rhythm Blues (88)	Bounce Boogie (100)	Dore Foxtrot (92)
Fresh/Soph B Solo (Co-Ed)	7 A	8 B	130 A	130 B	La Vista Cha Cha (100)	Bounce Boogie (100)	Chase Waltz (108)	Siesta Tango (100)
Fresh/Soph B Team Dance	26 B	11 A			Southland Swing (88)	Siesta Tango (100)		
Fresh/Soph A Men	12 A	13	15 A	14 B			Delicado (100)	Border Blues (88)
Fresh/Soph A Team Dance	22 B	19 A	16 B	16 A			California Swing (138)	Mirror Waltz (108)
	32 A	21 B	30 A	30 B			Princeton Polka (100)	14 Step (100)
Freshman A Girls	18 B	13	14 B	15 A	Border Blues (88)	JoAnn Foxtrot (92)		
Freshman A Solo (Co-ed)	21 A	23 B	16 A	16 B	Imperial Waltz (120) (men's)	Delicado (100)		
	29 B	32 A	30 B	30 A	Casino March (100)	California Swing (138)		
Sophomore A Women	12 B	13	14 A	15 B	Princeton Polka (100) (men's)	Fascination Fox Trot (92)		
Sophomore A Solo (Co-Ed)	19 A	28 B	16 B	16 A	Keats Foxtrot (92)	Viva Cha Cha (100)		
	23 B	33 A	30 A	30 B	Karen Lee Tango (100)	Association Waltz (120)		



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EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Regional	National	Regional	National	Regional	National	Regional	National
Bronze Div 1, 2, & 3 Figures & Solo (NOT CO-ED) Bronze Loops	2 A 111 B	1 B 112 A	114 A 130 B	115 B 130 A	City Blues (88) Casino Tango (100)	Double Cross Waltz (138) Carey Foxtrot (92)	Double Cross Waltz (138) Carey Foxtrot (92)	City Blues (88) Casino Tango (100)
Silver Div 1, 2, & 3 Silver Loops	1B 2 5B	1 2B 5A	114 A 115 B 130 A	114 B 115 A 130 B	Dore Foxtrot (92) Tara Tango (100) Criss Cross March (100)	Luna Blues (88) La Vista Cha Cha (100) Golden Skater Waltz (138)	Luna Blues (88) La Vista Cha Cha (100) Golden Skater Waltz (138)	Dore Foxtrot (92) Tara Tango (100) Criss Cross March (100)
Gold Div 1 Gold Loops	3 B 7 A 27 B	5 A 7 B 9 A	114 A 130 B 138 A	115 B 130 A 138 B	Joann Foxtrot (92) California Swing (138) Fiesta Tango (100) modified	Southland Swing (88) Chase Waltz (108) Casino March (100)	Southland Swing (88) Chase Waltz (108) Casino March (100)	Joann Foxtrot (92) California Swing (138) Fiesta Tango (100) modified
Gold Div 2 & 3	2 A 5 B 105 A	2 5 A 105 B			Century Blues (88) Valse Adante (155) Quickstep Boogie (100)	Werner Tango (96) Pilgrim Waltz (138) Do' Blay (100)	Werner Tango (96) Pilgrim Waltz (138) Do' Blay (100)	Century Blues (88) Valse Adante (155) Quickstep Boogie (100)
Classic Gold	12 B 23 A 32 B	19 A 22 B 27 A	14 A 15 B 30 A	14 B 15 A 30 B	Keats Foxtrot (96) Dench Blues Dbl Pattern (88) Paso Doble (100) (men's)	Killian (100) Willow Waltz (138) Harris Tango Dbl Pattern(100) (men's)	Killian (100) Willow Waltz (138) Harris Tango Dbl Pattern(100)	Keats Foxtrot (96) Dench Blues Dbl Pattern (88) Paso Doble (100)
Advanced Figures (prev Junior) Advanced Loops - NOT CO-ED Junior Solo Dance	20 B 36 A 40 B	23 A 36 B 40 A	16 B 31 A 38 B	17 A 31 B 38 A	Willow Waltz (138) Iceland Tango (100) Federation Foxtrot (96)	Rocker Foxtrot (92) Continental Waltz (168) (men's) Paso Doble (100) (men's)		
Senior Solo Dance					Argentine Tango (96) Viennese Waltz (138) Killian (100)	Silhouette Foxtrot (100) Westminster Waltz (138) Quickstep (100)		
Elementary Int. Solo Dance (12 and under)					Style B Waltz (108) (4 Sequences) Easy Paso (104) (4 sequences)			
Youth Int. Solo Dance (13-15) Youth Int. Team Dance (17 & under)					Flirtation Waltz (120) (2 sequences) Killian (108) skated one skater at a time (4 Sequences)		Flirtation Waltz (120) (2 sequences) Killian (108) skated one team at a time (4 Sequences)	
Classic International Solo/Team (18 and up)					Dynasty Blues (88) International Werner Tango (100)		Dynasty Blues (88) International Werner Tango (100)	
Original Compulsory Dance Classic and Classic Gold Adult Events (18 & up)	NATIONALS ONLY - REGIONALS OPTIONAL				Classic (forward Dances only) Classic Gold (forward/backward Dances) Rhythms are Cha Cha, Polka, Schottische (choose one tempo)		Classic (forward Dances only) Classic Gold (forward/backward Dances) Rhythms are Cha Cha, Polka, Schottische (choose one tempo)	
	<b>Regional</b>	<b>National Draw will be done at Nationals, tentatively schedule on July 26th</b>			<b>SOLO DANCE</b>		<b>TEAM DANCE</b>	
World Skate JUNIOR	<b>45 B 31 A 37 B</b>				STYLE - Rhythm (Swing Medley) - (see requirement chart) - Compulsory Dance - Quickstep FREEDANCE - (See requirements chart)		STYLE - Rhythm (Rock Medley) - (see requirement chart) - Compulsory Dance - Double Pattern Blues FREEDANCE - (See requirements chart)	
World Skate SENIOR	<b>48 B 38 A 49 B</b>				STYLE - Rhythm (Spanish Medley) - (see requirement chart) - Compulsory Dance - Tango Delancha FREEDANCE - (See requirements chart)		STYLE - Rhythm (Latin Medley) - (see requirement chart) - Compulsory Dance - Shaken Samba FREEDANCE - (See requirements chart)	



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Freeskating/Pairs			Show Events - Large/Small Shows, Quartets, & Creative Solo Events			
<b>EVENT NAMES</b>	<b>Time</b>		<b>EVENT NAMES</b>	<b>Time and Requirements</b>		
Primary A Boys/Girls	2:00		Juvenile A Creative	(ages 10 & under) - 2:15 +/- 5	(see requirements 2018-2019 changes/requirements document)	
Juvenile A Boys/Girls	2:30		Elementary A Creative Solo	(ages 12 & under) - 2:15 +/- 5	(see requirements 2018-2019 changes/requirements document)	
Elementary A Boys/Girls	3:00		Open A Creative Solo	(ages 13 & up) - 2:30 +/- 5	(see requirements 2018-2019 changes/requirements document)	
Freshman A Girls	3:30		Open B Creative Solo	(open division) - 2:15 +/- 5	(see requirements 2018-2019 changes/requirements document)	
Freshman/Sophomore A Men	3:30		Open Inline Creative Solo	(open division) - 2:15 +/- 5	(see requirements 2018-2019 changes/requirements document)	
Sophomore A Ladies	3:30					
Juvenile/Elementary B Boys/Girls	2:30		Youth Quartet	(ages 12 & under) - 3:00 +/- 10	(No updates)	
Freshman/Sophomore B Men/Women	2:30		Open Quartet	(ages 13 & up) - 3:00 +/- 10	(see requirements 2018-2019 changes/requirements document)	
Juvenile/Elementary C Boys/Girls	2:00		WS Senior Quartet	(ages 12 & up) - 3:00 +/- 10	(No updates)	
Freshman/Sophomore C Men/Women	2:00		WS Small Show	(12 & Up) - 4:30 - 5:00 +/- 10	(see WS Rule Book)	
Junior Men/Women	3:40 +/- 10		WS Large Show	(12 & Up) - 4:30 - 5:00 +/- 10	(see WS Rule Book)	
Open Inline Freeskating	3:00		WS Senior Precision	(12 & Up) - 4:30 - 5:00 +/- 11	(see WS Rule Book)	
Classic Men/Women	2:30					
	<b>Short</b>	<b>Long</b>	<b>Freedance - Elementary, Youth International, Open Team, &amp; Precision</b>			
WS Junior Men	2:45 +/- 5	4:30 +/- 10	Elementary Int. Solo Freedance	(ages 12 & under) - 2:30 +/- 10	(see requirements 2018-2019 changes/requirements document)	
WS Junior Women	2:45 +/- 5	4:15 - 4:30	International Solo Freedance	(open division) - 2:30 +/- 10	(see requirements 2018-2019 changes/requirements document)	
WS Senior Men	2:45 +/- 5	4:30 +/- 10	Open Team Freedance	(open division) - 3:10 +/- 10	(see requirements 2018-2019 changes/requirements document)	
WS Senior Women	2:45 +/- 5	4:15 - 4:30				
WS Inline Men	2:30 +/- 5	4:00 - 4:30	WS Junior Solo Dance	Style Dance - 2:40 +/- 10	Free Dance - 3:00 +/- 10	(see WS Rule Book)
WS Inline Women	2:30 +/- 5	4:00 +/- 10	WS Senior Solo Dance	Style Dance - 2:40 +/- 10	Free Dance - 3:00 +/- 10	(see WS Rule Book)
			WS Junior Team Dance	Style Dance - 2:50 +/- 10	Free Dance - 3:40 +/- 10	(see WS Rule Book)
			WS Senior Team Dance	Style Dance - 2:50 +/- 10	Free Dance - 3:40 +/- 10	(see WS Rule Book)
Juvenile Pairs	2:30					
Elementary Pairs	3:00		Junior Precision	(ages 15 & under) - 4:00 +/- 10	(No updates)	
Freshman/Sophomore Pairs	3:30		Senior Precision	(ages 12 & up) - 4:30 +/- 10	(see WS Rule Book)	
	<b>Short</b>	<b>Long</b>	Novice Precision	(ages 12 & up) - 4:00 +/- 10	(No updates)	
WS Junior Pairs	2:45 +/- 5	4:30 +/- 10				
WS Senior Pairs	2:45 +/- 5	4:30 +/- 10	Original Compulsory Dance	(ages 18 & up - Adult) - 2:15	(see requirements 2018-2019 changes/requirements document)	
	<b>Short</b>					
Short Prgm - Juv/Elem A Boys/Girls	2:00 +/- 5					
Short Prgm - Fresh/Soph A Men/Women	2:30 +/- 5					

## FREESKATING FOOTWORK FOR THE 2018-2019 SEASON IS "SERPENTINE"

Championship Draw – The championship draw for all figure, team and solo dance events will be posted to the USARS website on May 1st. WS Junior and WS Senior National figure draw will take place on the practice day at the National Championships. The requirements will be reversed from the Regional Championships to the National Championships.

- (a) If an event holds an elimination round and a final round, the "elimination listings" will be skated for the elimination round and "final listings" for final round.
- (b) If an event is skated as "final only" the "elimination listings" will be skated for the final round.
- (c) If the May 1st draw of A and B, causes opposite direction of strikeoffs, the remaining figure A/B will be reversed to accommodate same directional strike-offs for contest continuity.

Updates will be posted on the USA Roller Sports website ([www.usarollersports.org](http://www.usarollersports.org)).



## FIGURE/LOOP DESCRIPTIONS FOR 2018/2019



### FIGURES

1	- ROF-LOF Circle Eight
1 A/B	- OIF-OIF Change Eight
2	- RIF-LIF Circle
2 A/B	- IOF-IOF Change Eight
3 A/B	- OB-OB Circle Eight
4	- IB-IB Circle Eight
5 A/B	- OIF-IOF Serpentine
7 A/B	- OF-OF Three
8 A/B	- OF-IB Three
9 A/B	- IF-OB Three
10 A/B	- OF-OF Double Three
11 A/B	- IF-IF Double Three
12 A/B	- OB-OB Double Three
13 A/B	- IB-IB Double Three
18 A/B	- OF-IB Bracket
19 A/B	- IF-OB Bracket
20 A/B	- OF-OB Rocker
21 A/B	- IF-IB Rocker
22 A/B	- OF-OB Counter
23 A/B	- IF-IB Counter
26 A/B	- OIF-OIB Serpentine Three
27 A/B	- IOF-IOB Serpentine Three
28 A/B	- OIF-IOF Serpentine Double Three
29 A/B	- OIB-IOB Serpentine Double Three
32 A/B	- OIF-OIB Serpentine Bracket
33 A/B	- IOF-IOB Serpentine Bracket
36 A/B	- OF-IF Paragraph Double Three
37 A/B	- OB-IB Paragraph Dbl Three
40 A/B	- OF-IF Paragraph Bracket
42 A/B	- OF Counter Bracket IF Counter
43 A/B	- OF Rocker O Double Three
44 A/B	- IF Rocker I Dbl Three
45 A/B	- OB Counter OF Brkt LBI Counter
46 A/B	- OF Dbl 3 O Rocker and OB Dbl 3
47 A/B	- OF Brkt – IB Ctr – IF Brkt Paragraph
48 A/B	- OB Dbl 3 – OB Rocker OF Dbl 3
49 A/B	- OB Br – IF Ctr – IB Brkt Paragraph
50 A/B	- OF Dbl 3 O Ctr OB Dbl 3
51 A/B	- OF Br – IB Rocker – IF Brkt Paragraph
52 A/B	- OB Dbl 3 – OB Ctr – OF Dbl 3
53 A/B	- OB Br – IF Rocker – IB Brkt Paragraph
105 A/B	- OIOF-IOIF Double Change Serp.
111 A/B	- OF-OF Serpentine Eight
112 A/B	- IF-IF Serpentine Eight

### LOOPS

14 A/B	- OF-OF Loops
15 A/B	- IF-IF Loops
16 A/B	- OB-OB Loops
17 A/B	- IB-IB Loops
30 A/B	- OIF-IOF Serpentine Loop
31 A/B	- OIB-IOB Serpentine Loop
38 A/B	- OF-IF Paragraph Loop
39 A/B	- OB-IB Paragraph Loop
114 A/B	- OF-OF Circle Loops
115 A/B	- IF-IF Circle Loops
116 A/B	- OB-OB Circle Loops
130 A/B	- OIF-IOF Serpentine Circle Loop
131 A/B	- OIB-IOB Serpentine Circle Loop
138 A/B	- OF-IF Paragraph Circle Loop